

Resilience in the Face of Loss



*"It is when I struggle that I strengthen.
It is when challenged to my core that I
learn the depth of who I am." - S. Maraboli*

A workshop for people who have lost a loved one to death, a child to CAS, or someone facing a disability or chronic disease.

Thursday, November 26, 2015

1:00 - 4:00 pm

Presenter: Yvette Perreault, Director



AIDS Bereavement and Resiliency
Program of Ontario

Presence. Compassion. Change.

South Riverdale Community Health Centre
955 Queen Street East, 4th Floor

Light snack and ttc tokens are provided
For more information call Carol at (416) 461-1925 ext. 232 or clee@srchc.com